



OCD-UK

Annual Report & Financial Statements

for the year ended 31st December 2023

Supporting people affected by
Obsessive Compulsive Disorder
OCD-UK



Just because you can't see a problem, doesn't mean it's not there
Obsessive-Compulsive Disorder - The Secret Illness

www.ocduk.org

Registered Charity Number: 1103210



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Front Cover Image: The OCD-UK staff team, L-R: Laura, Sara, Zoë and Ashley.

CHARITY ANNUAL REPORT

Year ended 31st December 2023

The trustees of OCD-UK are pleased to present their annual report together with the financial statements of the charity for the year ended **31st December 2023**.

The financial statement and accounts have been prepared independently in accordance with the Charities Act 2011 by Eric O'Connor from Nicholson Tax & Accounts, Derbyshire, who found the accounts in good order.

These accounts can be found from page 40 of this annual report.

SHOW TASKBAR

DISPLAY SETTINGS

END SLIDE SHOW

0:25:17

11:53

OCD, what I wish family and friends knew back then...

An Introduction to
Obsessive-Compulsive Disorder

Delivered by Ashley Fulwood and Laura Hickman for

NHS
Bridgewater
Community Healthcare
NHS Foundation Trust

Wednesday 1st February 2023

Slide 1 of 128

OCD-UK IN 2023

The OCD charity
run by and for people affected by
Obsessive-**C**ompulsive **D**isorder.

As people continued to struggle to access treatment for OCD in 2023, it's more important than ever before that our services are here for children and adults affected by OCD.

2023 was no different, and just like the previous 19 years, OCD-UK was there for people when they needed to seek support and guidance because of Obsessive-Compulsive Disorder.



We are



OCD
UK

Purpose, Vision and Values

Our Purpose

Is to make a positive and meaningful difference in the everyday lives of children and adults affected by **Obsessive-Compulsive Disorder (OCD)**.

Our Vision

Is of a world where the devastating impact of **Obsessive-Compulsive Disorder (OCD)** is reduced through effective and safe treatment.

Our Values

We are **supportive** and **innovative**.

We are **caring** and **compassionate**.

We have **lived experience** and real **understanding**.

We offer **hope** and **inspiration**.

We are **inclusive**.

We are OCD-UK, and we are here for you!

Supportive and Innovative

We support all children and adults affected by Obsessive-Compulsive Disorder through the difficult times, right through to recovery and everything in between.

We are forward thinking, always seeking ways to improve and innovate in everything that we deliver to ensure we reach all those affected by OCD.

Caring and Compassionate

We provide emotional and practical advice or support in a non-judgemental way and will always demonstrate empathy, respect and dignity to the person we are working with.

We don't just listen, we hear, we understand and we see the individual not just the OCD.

Lived Experience and Understanding

Everything we do is based on the experiences of the people we serve, people affected by Obsessive-Compulsive Disorder.

We reach out to everybody within the OCD community, regardless of where they are in their own recovery journey.

Hope and Inspiration

Our passion and determination inspire those around us, we provide help and bring hope to people when they need it most.

We work together as one organisation, united behind one shared vision.

Inclusive

Irrespective of age, disability, race, religion, country of origin, gender identity or sexual orientation, everybody is welcomed and respected equally when using, attending and contributing to any of the OCD-UK services.



Chris running the Tatton Half Marathon for OCD-UK

As you take a look at last year's work detailed in this report, you'll see how every step we as a charity take is done so to help advise, support and represent people affected by **Obsessive Compulsive Disorder**.

A large crowd of people is gathered outdoors for a public event. In the foreground, several individuals are visible, including a man in a blue t-shirt and sunglasses, and another man in a black jacket. Behind them, two large red banners with the OCD-UK logo (a white heart and the text 'OCD-UK') are prominently displayed. The background features a historic stone castle with multiple towers and a modern glass skyscraper, likely the Gherkin in London, under a clear blue sky.

2023

The year in numbers.

In 2023 the OCD-UK support services provided thousands of people with information, advice and support, whether that was a compassionate voice at the end of the phone who understood innately the thoughts and feelings associated with OCD, or Laura there with a smiling face to facilitate a support group, we were there for people with Obsessive-Compulsive Disorder.

Let's look at some of the numbers...

In 2023 we generated £161k to keep our services running, with £121k raised through the fundraising efforts and donations of our supporters.



73p in every
£1 spent
went towards charitable activities from raising awareness to supporting children and adults affected by OCD.



£239
Could pay for our advice line to be staffed for 8-hours a day.

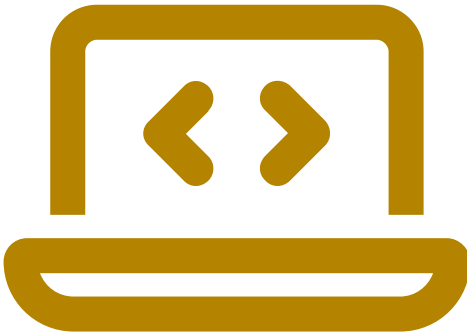


One or Two

of us in every one hundred people in the UK will be living with Obsessive-Compulsive Disorder.



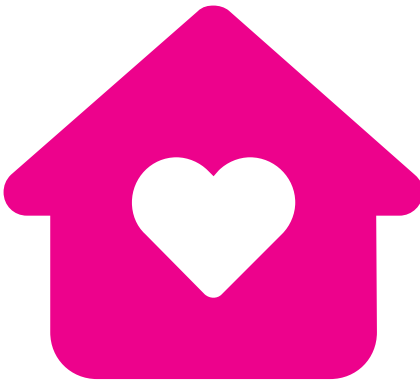
Our members' generosity continued in 2023, the number of people supporting the charity by becoming members reased slightly and the amount donated by members also increased.



Our website had
1.56m page views by
725k users from across the globe.



Our support discussion forums had
1.03m page views by
39k users from across the globe.



Last year the time given by our amazing volunteers contributed to the equivalent donation of
£15.8k

2023

The year in numbers.

.....

Your fabulous support, through membership donations and fundraising, has helped our small team of staff and volunteers to continue to work hard for people affected by **Obsessive-Compulsive Disorder**.

This is just some of what we provided during 2023.



 Our online support groups were hosted **102** times and the total number of attendance was **3,282** times by **697** different people, with a combined meeting talk time of **170** hours! 

1,224 

Support emails were answered, which offered personalised, individual advice and support.

58% of those emailing were people with OCD. Other emails came from people supporting a loved one, other charities and health professionals.

828
OCD-UK
members



£177,981

of grant funding secured for the parent project due to take place between 2024-2027.



57 young people supported through our dedicated on-line support groups for young people ages 12-17


14.8K
FOLLOWERS


9,073
FOLLOWERS


14.8K
FOLLOWERS

What else we have been doing in 2023...

- ✓ Delivering themed support groups for under 18s
- ✓ Delivering themed support groups for over 50s
- ✓ Delivering themed support groups for family and friends
- ✓ Providing training and supervision to OCD-UK volunteers
- ✓ Delivering OCD training workshops for teachers
- ✓ Delivered OCD training to multiple employers
- ✓ Attending NHS stakeholder meetings to represent the OCD community
- ✓ Creating social media advice, myth busting, awareness raising and educational posts
- ✓ Working with the media to ensure positive & accurate OCD coverage
- ✓ Responding to inaccurate OCD articles across a variety of platforms
- ✓ Working with retailers to remove products that contain inaccurate or stigmatic representations of OCD

We deliver all of this work with the policy that irrespective of age, disability, gender, country of origin, race, religion or sexual orientation and socio-economic background, everybody is welcomed and respected equally when using, attending and contributing to any of our services.





OCD-UK

Serving people of all ages

The services we offer are as varied as the people we work with, incorporating everything from one-to-one support, to group support for young people and people aged 50+.

At every stage, we listened to the people we work with to ensure they felt heard, and we shape our services around their needs.

We are OCD-UK!

INCLUSIVE

The OCD-UK Diversity and Inclusion Charter

Irrespective of age, disability, race, religion, country of origin, gender identity or sexual orientation, everybody is welcomed and respected equally when using, attending and contributing to any of the OCD-UK services.

Creating an inclusive organisation is a fundamental part of living up to our purpose of supporting all those affected by **Obsessive-Compulsive Disorder**.





2023

We didn't do it alone!

OCD-UK volunteers kindly donated **1,266** hours throughout the year. This was worth **£15,825** to the charity.

Between them, they answered helpline calls, co-hosted support groups, offered one-to-one discussion forum advice and shared their personal experiences of OCD at training events.

We also must thank all
our members, supporters,
fundraisers and funders who
made the work of OCD-UK
possible

Special thanks to all our supporters and charitable trust donors, including:

- Every single person who has fundraised or donated in 2023 including, Tough Mudder winner Josh pictured right.
- Every single OCD-UK member, your donations do make a real difference
- Rose G for her continued support
- Albert Hunt Trust
- Allen Lane Foundation
- Edward Gostling Foundation
- National Lottery Community Fund
- And the other grant funders and donors who wish to remain anonymous

Thank you to everyone who has campaigned for us, made donations, volunteered their valuable time and skills, or supported us financially.

Because of your generosity we've been able to keep supporting both young people and adults who are suffering from Obsessive-Compulsive Disorder.

Your stories of courage and tenacity, despite the difficulties created by OCD, continue to inspire us all, and drive everything that we do.

We remain committed to working to make a positive and meaningful difference in the everyday lives of children and adults affected by **Obsessive-Compulsive Disorder**.





WE CAN BE **HEROES** JUST FOR ONE DAY



These are just some of our **100+ FANTASTIC FUNDRAISERS** who walked, swam, hiked, cycled or ran for OCD-UK in 2023 and raised a staggering **£42,834**.

THANK YOU!

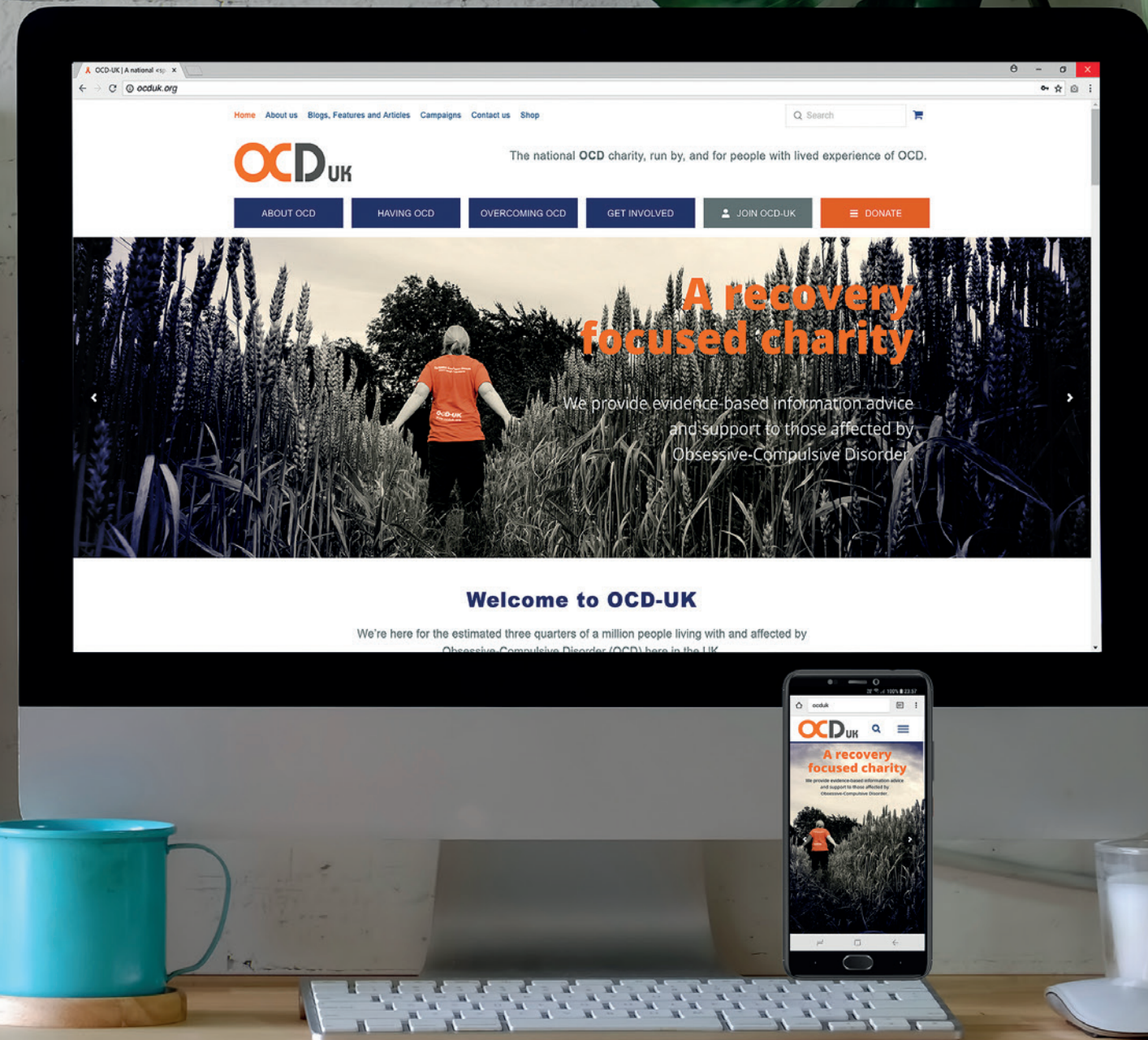
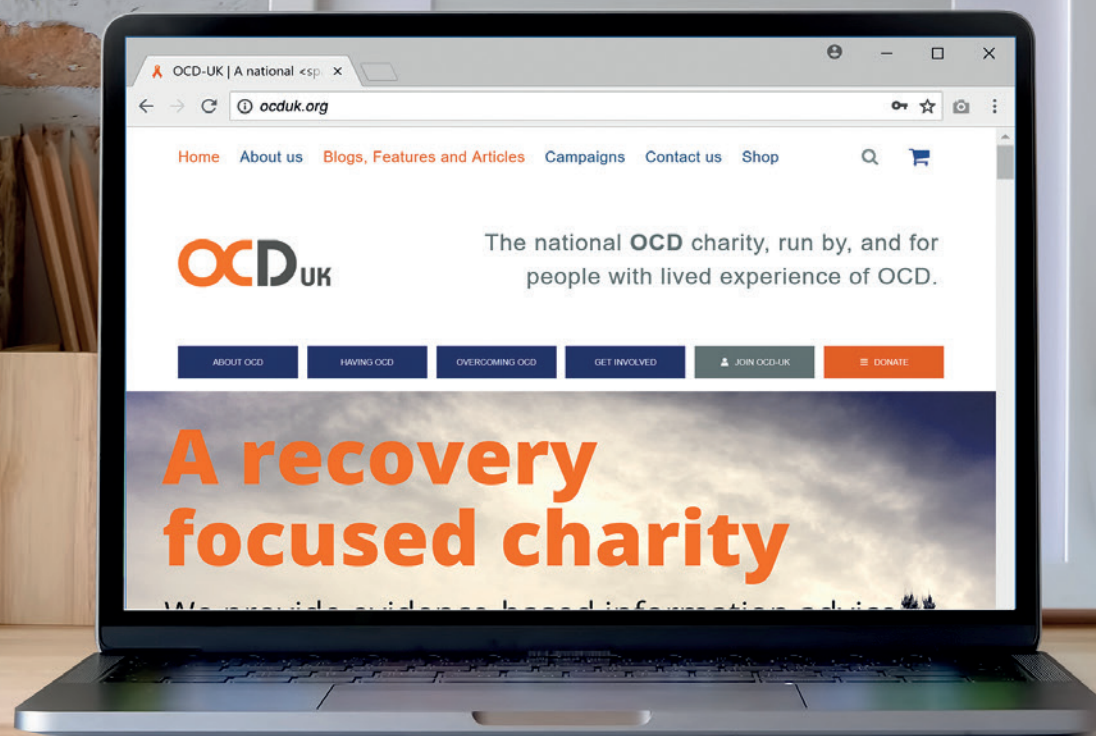


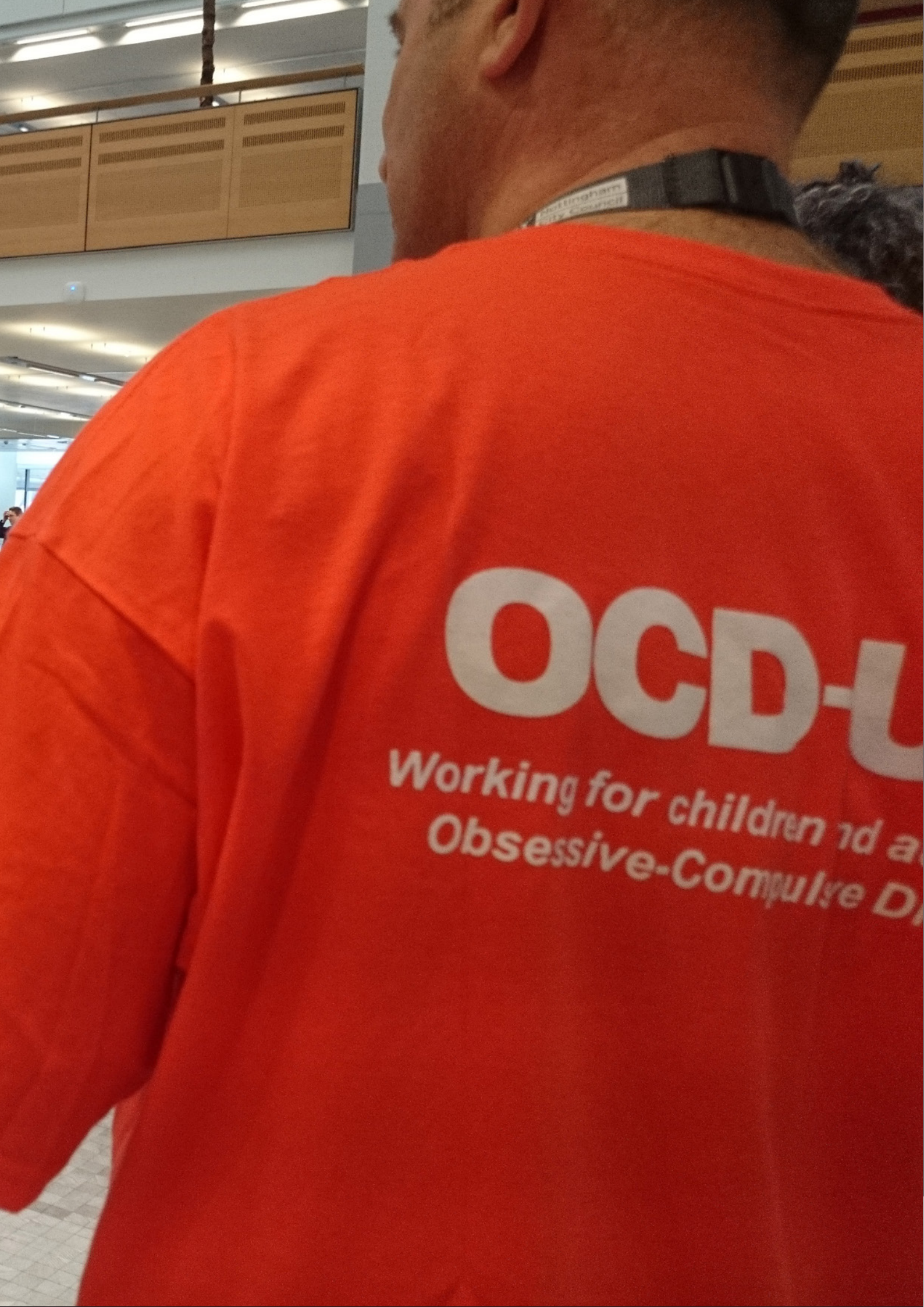


OCD-UK member Jeanette raising awareness in 2023.

www.ocduk.org

Our acclaimed website
continues to offer
extensive resources freely
available to OCD sufferers
across the globe.





Structure, Governance and Management of OCD-UK during 2023

The chair of OCD-UK presents the annual report at the charity's Annual General Meeting (AGM) each year.

Legal Status

OCD-UK was founded in December 2003 and formed as a charity under a constitution in January 2004. We were officially registered with the UK charity commission on the 14th April 2004. The charity registration number is 1103210.

Our Structure

The board of trustees is the governing body of the charity. It is their role to establish the policies, objectives and procedures for the charity to ensure the effective running of the organisation in pursuit of its long-term objectives.

Patrons

We are honoured to be supported in our work by two patrons, actor and writer Ian Puleston-Davies and highly respected Professor Paul Salkovskis from the University of Oxford.

We are also supported in our work by overseas ambassador Professor Adam Radomsky, from Concordia University, Montreal.

Membership

Membership of OCD-UK is open to any individual with an interest in OCD or the charity's work. At the end of 2023 the charity had 828 active members (up slightly from 822 at the end of 2022). Members are entitled to attend the AGM and to one vote per discussion.

Volunteers

OCD-UK had many committed and regular active volunteers across the UK during 2023, most of whom have been directly affected by OCD. Their selfless personal commitment has been the cornerstone of OCD-UK's success in delivering its aims and objectives. We estimate that our volunteers have donated at least 1,266 hours to OCD-UK during 2023, in monetary terms worth at least £15,825 to the charity.

These volunteers have helped us provide direct support online and offline, facilitated support groups, worked on our website and publications, or helped at our events or conferences. Other volunteers not included in the above figures have also contributed their time to actively support the research and media work that we promote.

The trustees of OCD-UK remain grateful for the donation of time that volunteers give to our charity. We recognise that we can achieve even more with their assistance, and we must provide them with regular support, training and supervision to help them in their role.

Professionals

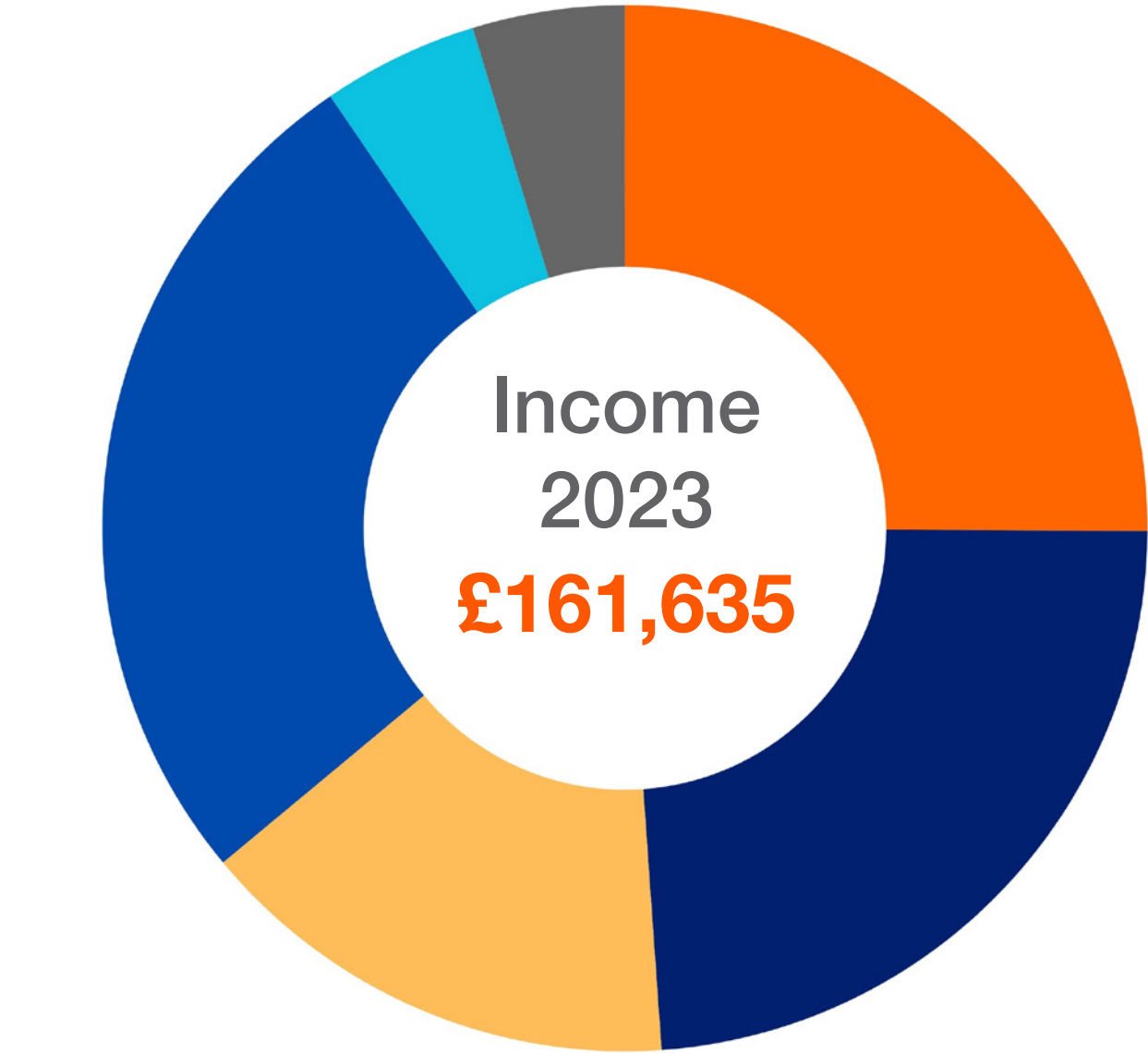
We would also like to acknowledge our gratitude and thanks to the following accountancy, legal and anxiety charity colleagues, health professionals and media personalities who kindly donated their time to offer support and assistance during 2023. The number of people highlights the collaboration between OCD-UK and health professionals.

- | | |
|-------------------------------|---|
| • Dr Victoria Bream | • Dr Josie Millar |
| • Lauren Callaghan | • Rebecca Pedley |
| • Chloe Chessell | • Professor Christine Purdon |
| • Martin Coe | • Professor A Radomsky |
| • Jenny Cole | • Dr Alison Roberts |
| • Eric O'Connor | • Professor P Salkovskis |
| • Ian Puleston-Davies (actor) | • Professor Roz Shafran |
| • Paula Duncan | • Steve Sharpe |
| • Dr Lynne Drummond | • Professor David Veale |
| • Dr Alice Farrington | Apologies to anybody we have accidentally omitted from this list. |
| • Professor Mark Freeston | |
| • Rose Gardener | |
| • Dr Zoe Kindynis | |

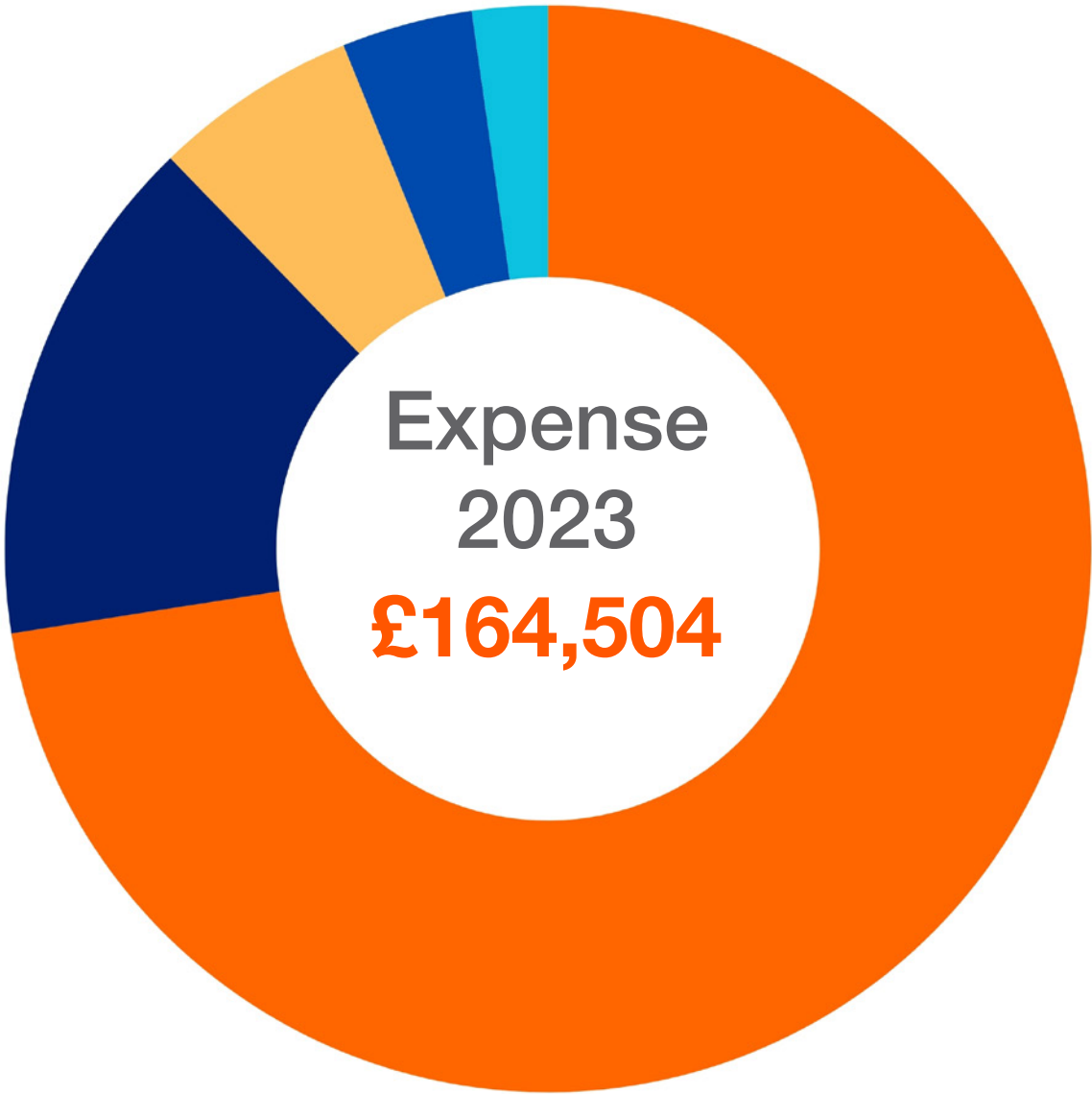
OCD-UK

In 2023 your amazing efforts raised £161k through fundraising and the membership and donations of our supporters.

For every £1 we spent in 2023, 73p was spent on delivering charitable activities for the OCD community.



- Fundraising - £42,834 (26%)
- Donations - £40,547 (25%)
- Membership - £38,465 (24%)
- Grants - £24,378 (15%)
- Trading (Books, Greetings Cards, Gifts) - £7,804 (5%)
- Workshop / Training Consultancy - £7,607 (5%)



- Charitable activities - £119,281 (73%)
- Costs of generating voluntary income - £25,099 (15%)
- Governance, administration, professional fees - £10,015 (6%)
- Rent & office costs - £6,409 (4%)
- Trading - £3,700 (2%)

Our financial snapshot shows our expenditure split into the charity's key operating areas. Salaries are split within each relevant area.

Turn to page 40 for our financial accounts.

Why we do it

One-third of patients with Obsessive-Compulsive Disorder develop the disorder before the age of **15 years**, and about 50% report onset in **childhood** and **adolescence**.

“

Feedback from an OCD-UK service user during 2023.

I am eternally grateful to OCD-UK for the help and information that led to me to seeking treatment. Thank you!

- G, March 2023

”

2023 Financial summary & previous year comparison



OCD-UK's Zoe and patron Professor Salkovskis collaborating.

£161,635

2023 Income

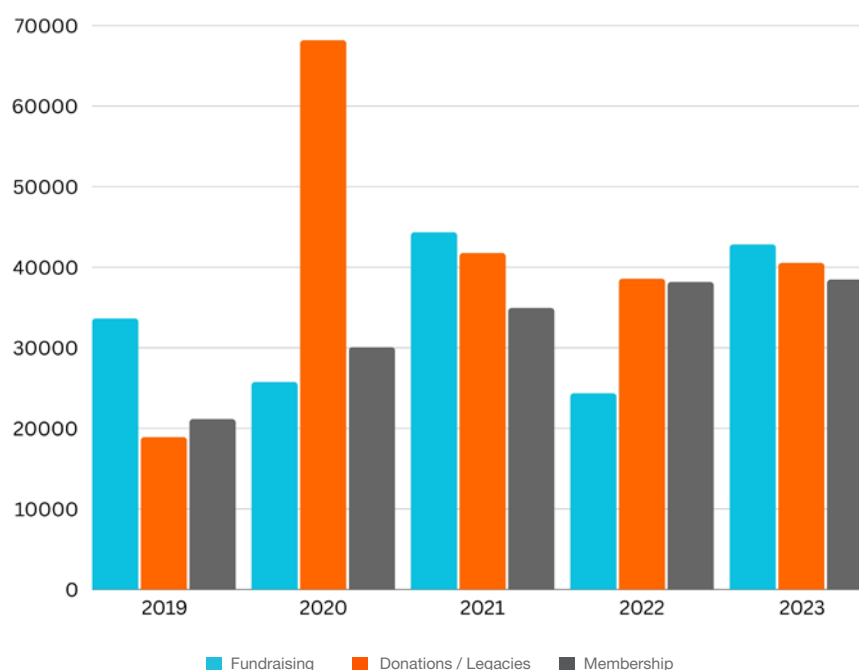
£164,504

2023 Expenditure

Comparison of the 2023 income and expenditure compared to the previous five years

Accounts Comparison	Income	Expenditure
Jan 2022 - Dec 2022	£138,633	£163,870
Jan 2021 - Dec 2021	£229,664	£169,006
Jan 2020 - Dec 2020	£226,291	£160,990
Jan 2019 - Dec 2019	£137,479	£113,344
Jan 2018 - Dec 2018	£88,263	£102,164

Comparison of the 2023 income from fundraisers, donations and membership income.



CHARITY ANNUAL REPORT

Year ended 31st December 2023

The trustees of OCD-UK are pleased to present their annual accounts and financial statements of the charity for the year ended **31st December 2023**.

The following financial statements have been prepared independently in accordance with the Charities Act 2011 by Eric O'Connor from Nicholson Tax & Accounts, Derbyshire.

Administrative details of the charity, its trustees and advisors

For the year ended 31st December 2023

The trustees present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

Registered charity number

1103210

Principal office address

8 Chapel Street
Belper
Derbyshire
DE56 1AR

Trustees

Kylie Cloke
Claire Gellard
Claire Goldenberg
Jo Griffiths
Nick Marlow
Catherine Mills - (Chair)
Sandy Nisbet
Lottie Rowe

Chief Executive

Ashley Fulwood

Independent examiner

Mr E O'Connor
Nicholson Tax & Accounts
8 Chapel Street
Belper
Derbyshire
DE56 1AR

Approved by order of the board of trustees on 7th June 2024 and signed on its behalf by:



Ms C Mills - Trustee

Trustees



L-R – OCD-UK trustees: Charlotte Rowe, Joanne Griffiths with former trustee Yolanda Jerrard at our Nottingham OCD conference.

OCD-UK is a membership-based charity, managed by a team of dedicated trustees which make up our executive membership committee.

These are endorsed and elected by our members at our Annual General Meeting. They are all members who have volunteered for the charity for a period of time before being approached to become a trustee. They receive no remuneration, other than essential working costs approved by the charity.

Uniquely, OCD-UK is completely service-user led; all of our trustees have suffered or have a close family member suffering with OCD. It's this insight that allows us to make informed decisions about the direction we shape your charity.

Those listed below all served as OCD-UK trustees during 2023.

Catherine Mills

Chair, Merseyside

Kylie Cloke

Trustee, Gloucestershire

Claire Gellard

Trustee, Middlesex

Claire Goldenberg

Trustee, Sussex

Joanne Griffiths

Trustee, Oxfordshire

Nick Marlow

Trustee, Nottingham

Sandy Nisbet

Trustee, Glasgow

Charlotte Rowe

Trustee, London



L-R – OCD-UK trustees: Claire Goldenberg and Nick Marlow.

Staff



L-R – OCD-UK staff: Ashley Fulwood, Zoë Wilson, Laura Hickman and Sara Padwick. Inset: Mia Hill.

If you have used any of our services during 2023 then you will undoubtedly have already met some or all of Team OCD-UK. During 2023 the OCD-UK services were run by five people. Pictured are (L-R) Ashley Fulwood, Zoë Wilson, Laura Hickman and Sara Padwick. We were joined in 2023 by former OCD-UK Young Ambassdaor Mia Hill, who joined the team as a staff member and we were delighted to welcome Mia to Team OCD-UK.

One of the unique aspects of OCD-UK is the fact that the team are all service-users themselves, they have all experienced OCD first-hand, which means the work is not just a job for the team. Their dedication, passion and commitment is evident in the work they do. The team are all highly professional, and again in 2023 managed to punch above their weight in terms of service delivered for the limited resources available to the charity.

Those listed below all served as OCD-UK staff members during 2023.

Ashley Fulwood
Chief Executive, Derbyshire

Laura Hickman
Online groups lead

Mia Hill
Young People's online groups lead

Sara Padwick
Support Co-ordinator

Zoë Wilson
Parents project lead and executive assistant

Independent examiner's report to the trustees of OCD-UK

I report to the charity trustees on my examination of the accounts of the OCD-UK (the Trust) for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2022 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.



Mr E O'Connor
Nicholson Tax & Accounts
Belper
Derbyshire
DE56 1AR

7th June 2024

Statement of financial activities

For the year ended 31 December 2023

		Unrestricted Funds	Restricted Funds	31.12.23 Total Funds	31.12.22 Total Funds
	Notes	£	£	£	£
INCOME FROM					
Donations and legacies		101,721	1,250	102,971	104,765
Charitable activities	4	50,628	-	50,628	32,815
Other trading activities	2	7,949	-	7,949	960
Investment income	3	87	-	87	93
TOTAL INCOME		160,385	1,250	161,635	138,633
EXPENDITURE ON					
Raising Funds	5	8,893	-	8,893	11,309
Charitable activities	6	154,361	1,250	155,611	152,561
TOTAL EXPENSE		163,254	1,250	164,504	163,870
NET INCOME/(EXPENDITURE)		(2,869)	-	(2,869)	(25,237)
RECONCILIATION OF FUNDS					
Total funds brought forward		112,301	7,981	120,282	145,519
TOTAL FUNDS CARRIED FORWARD		109,432	7,981	117,413	120,282

The notes on pages 45 and 46 form part of these financial statements.

Balance sheet

At 31 December 2023

	Notes	31.12.23 £	31.12.22 £
FIXED ASSETS			
Tangible assets	11	4,092	2,443
CURRENT ASSETS			
Stocks	12	5,577	4,645
Debtors	13	2,998	2,055
Cash at bank and in hand		142,649	112,772
		151,224	119,472
CREDITORS			
Amounts falling due within one year	14	(37,903)	(1,633)
NET CURRENT ASSETS		113,321	117,839
Total assets less current liabilities		117,413	120,282
NET ASSETS		117,413	120,282
CHARITY FUNDS	15		
Unrestricted funds		109,432	112,301
Restricted funds		7,981	7,981
TOTAL FUNDS		117,413	120,282

The financial statements were approved by the Board of Trustees on 7th June 2024 and were signed on its behalf by:



Ms C Mills -Trustee

The notes on pages 48 to 50 form part of these financial statements.

Notes to the financial statements

For the year ended 31 December 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2022. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

Conferences

31.12.23	31.12.22
£	£
7,949	960

3. INVESTMENT INCOME

Deposit account interest

31.12.23	31.12.22
£	£
87	93

Notes to the financial statements - continued

For the year ended 31 December 2023

4. INCOME FROM CHARITABLE ACTIVITIES		31.12.23	31.12.22
	Activity	£	£
Sponsorship monies	Charitable activities	42,834	24,238
Merchandise and clothing	Charitable activities	7,794	8,577
		50,628	32,815
5. RAISING FUNDS		31.12.23	31.12.22
Raising donations and legacies		£	£
Sponsorship costs		7,001	5,862
		7,001	5,862
Other trading activities			
Opening stock		4,645	6,203
Purchases		2,824	3,889
Closing stock		(5,577)	(4,645)
		1,892	5,447
Aggregate amounts		8,893	11,309

6. CHARITABLE ACTIVITIES COSTS	Direct costs	Support costs (see note 7)	Totals
	£	£	£
Charitable activities	118,604	37,007	155,611

7. SUPPORT COSTS	Management	Finance costs	Governance costs	Totals
	£	£	£	£
	34,862	877	1,268	37,007

Notes to the financial statements - continued

For the year ended 31 December 2023

8. ACCOUNTING POLICIES

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022.

9. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.23	31.12.22
Management and administration	5	4

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Totals funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	77,443	27,322	104,765
Charitable activities			
Charitable activities	32,815	-	32,815
Other trading activities	960	-	960
Investment income	93	-	93
Total	111,311	27,322	138,633
EXPENDITURE ON			
Raising funds	11,309	-	11,309
Charitable activities			
Charitable activities	121,435	31,126	152,561
Total	132,744	31,126	163,870
NET INCOME/(EXPENDITURE)	(21,433)	(3,804)	(25,237)
RECONCILIATION OF FUNDS			
Total funds brought forward	133,734	11,785	145,519
TOTAL FUNDS CARRIED FORWARD	112,301	7,981	120,282

Notes to the financial statements - continued

For the year ended 31 December 2023

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings	Office equipment	Totals
COST	£	£	£
At 1 January 2023	4,199	27,200	31,399
Additions	360	3,302	3,662
At 31 December 2023	4,559	30,502	35,061
DEPRECIATION			
At 1 January 2023	2,598	26,358	28,956
Charge for year	393	1,620	2,013
At 31 December 2023	2,991	27,978	30,969
NET BOOK VALUE			
At 31 December 2023	1,568	2,524	4,092
At 31 December 2022	1,601	842	2,443

	31.12.23	31.12.22
	£	£
12. STOCKS		
Stocks	5,577	4,645
13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
Other debtors	2,998	2,055
	2,998	2,055
14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
Trade creditors	-	332
Other creditors	37,903	1,301
	37,903	1,633

Notes to the financial statements - continued

For the year ended 31 December 2023

15. MOVEMENT IN FUNDS

	at 1.1.23	New movement in funds	at 31.12.23
	£	£	£
Unrestricted funds			
General fund	112,301	(2,869)	109,432
Restricted funds			
National Lottery Parents Project	7,981	(-)	7,981
TOTAL FUNDS	120,282	(2,869)	117,413

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	160,385	(163,254)	(2,869)
Restricted funds			
Allen Lane Foundation	650	(650)	(-)
Albert Hunt	600	(600)	(-)
TOTAL FUNDS	161,635	(164,504)	(2,869)

Notes to the financial statements - continued

For the year ended 31 December 2023

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds	at 1.1.22	New movement in funds	at 31.12.22
	£	£	£
Unrestricted funds			
General fund	133,734	(21,433)	112,301
Restricted funds			
National Lottery Parents Project	11,785	(3,804)	7,981
TOTAL FUNDS	145,519	(25,237)	120,282

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	115,956	(137,389)	(21,433)
Restricted funds			
National Lottery Parents Project	27,322	(31,126)	(3,804)
TOTAL FUNDS	143,278	(168,515)	(25,237)

Detailed statement of financial activities

For the year ended 31 December 2023

	31.12.23	31.12.22
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations and membership	87,721	77,443
Grants - Allen Lane Foundation	650	-
Grants – Albert Hunt	600	-
Grants – National Lottery Parents Project	-	27,322
Grants	14,000	-
	102,971	104,765
Other trading activities		
Conferences and workshops	7,949	960
Investment income		
Deposit account interest	87	93
Charitable activities		
Sponsorship monies	42,834	24,238
Merchandise and clothing	7,794	8,577
	50,628	32,815
Total incoming resources	161,635	138,633
EXPENDITURE		
Raising donations and legacies		
Sponsorship costs	6,714	5,862
Storage costs	287	-
	7,001	5,862
Other trading activities		
Opening stock	4,645	6,203
Purchases	2,824	3,890
Closing stock	(5,577)	(4,645)
	1,892	5,448

Detailed statement of financial activities

For the year ended 31 December 2023

	31.12.23	31.12.22
	£	£
Charitable activities		
Wages	106,952	109,239
Social security	10,278	5,578
Pensions	1,374	585
Training	-	768
	118,604	116,170
Support costs		
Management		
Insurance	1,075	1,034
Light and heat	774	823
Light and heat – Parents Project	-	-
Communication charges	4,104	3,041
Printing Postage & stationery	10,000	6,313
Sundries	222	332
Travelling and net conference expenses	1,598	1,175
Travelling and net conference expenses - Parents Project	-	329
Software costs	6,578	6,198
Website and marketing	2,547	2,512
Rented office costs	5,354	6,413
Computer consumables	597	663
Fixtures and fittings depreciation	393	401
Workshop room hire - Parents Project	-	4,285
Computer equipment depreciation	1,620	545
	34,862	34,064

Detailed statement of financial activities

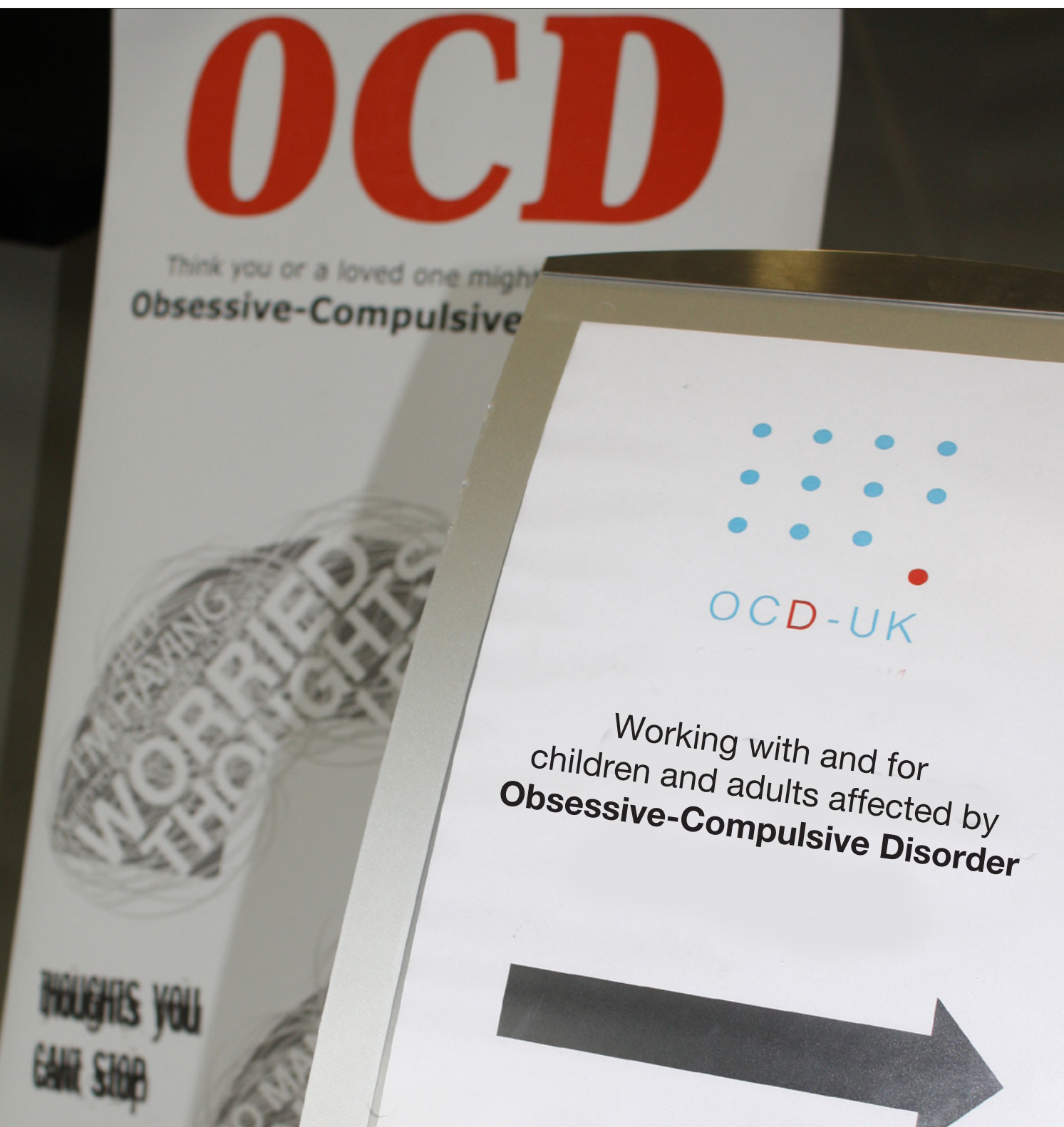
For the year ended 31 December 2023

	31.12.23	31.12.22
	£	£
Finance costs		
Bank Charges	877	1,229
Governance costs		
Accountancy and legal fees	1,268	1,098
Total resources expended	164,504	163,871
Net (expense) / income	(2,869)	(25,238)

**THANK YOU
FOR YOUR CONTINUED SUPPORT OF**



THROUGHOUT 2023



OCD-UK

Annual Report

Thank you for your support in 2023